



# THE MAIN SHEET

## LAKE MISSION VIEJO YACHT CLUB

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Greetings to you one and all! I hope that you have been enjoying this summer, whatever it has been and wherever you have been doing it. And while the summer is fleeting, there is a full schedule of regattas and events as we head toward fall, beginning with the LMVYC 45<sup>th</sup> Annual Regatta on August 28 followed by a Luau Dinner after sailing. I hope to see you there!

Yep, our LMVYC is 45 years old, and a wonderful 45 years it has been. Things just keep getting better. While we have all experienced numerous distractions during the past couple of years, our membership continues to grow. Recently, Arnold Christensen, Membership Chair, announced that we have 90 paid memberships, which is six more than this time last year and three more than our previous record at the end of 2021!

### Mark Your Calendars!

- Aug 26—Friday Night Sail & BBQ Ends
- Aug 28—45th Annual Regatta
- Sep 25—Fall Regatta
- Oct 9—Jr. Regatta
- Oct 16—Top Skipper Regatta
- Nov 2—Weds Night Sailing Ends
- Nov 9—Lake Walk Begins
- Nov 13 - Turkey Regatta
- Nov 13—Annual Membership General Meeting

Our outstanding Juniors Program continues strong under Rod Simenz's leadership, and our young sailors have been competing in regattas from San Diego to Marina del Rey and beyond, racking up victories, bringing home the silver, and showing other yacht clubs what our Juniors are made of. Congratulations to you all and a huge thank you to the parents and supporters that help to make those trips happen. You guys and gals are great! Keep sailing fast!

With the dog days of summer upon us and September quickly sneaking up, there are still a few weeks left for Friday evening sailing (free Expo 14.2) and BYO-BBQ outside the club room. The grill gets fired up around 5:30-6, so simply bring whatever you care to cook and drink. This is also a great way for new members to meet and greet other members and introduce yourselves.

The club calendar is full of activities for the remainder of the year. We have five regattas coming up, Wednesday evening sailing is happening, and holiday events aren't far off. Don't be shy.

To our members, thank you all for your active participation, continued support and volunteer spirit! It is all of you that make LMVYC the best of the West!

*Scott W. Pursell*

Scott W. Pursell

LMVYC Commodore 2022

## Lake Mission Viejo Yacht Club Fall 2022 Regatta Schedule



<b>Friday Night Sail &amp; BBQ Ends</b>	<b>Friday</b>	<b>August 26<sup>th</sup></b>
<b>45<sup>th</sup> Annual Regatta**</b>	<b>Sunday</b>	<b>August 28<sup>th</sup></b>
<b>Fall Regatta**</b>	<b>Sunday</b>	<b>September 25<sup>th</sup></b>
<b>Junior Regatta</b>	<b>Sunday</b>	<b>October 9<sup>th</sup></b>
<b>Top Skipper Regatta</b>	<b>Sunday</b>	<b>October 16<sup>th</sup></b>
<b>Wednesday Night Sailing Ends</b>	<b>Wednesday</b>	<b>November 2<sup>nd</sup></b>
<b>Turkey Regatta**</b>	<b>Sunday</b>	<b>November 13<sup>th</sup></b>

**\*\*Club Championship Fall Series Regattas**

## Where have Nicole and Kate Gone?

Rod Simenz



Nicole Sighiartau with her 3<sup>rd</sup> place award

Nicole Sighiartau and Kate Sweeney have not spent much time at the lake recently because they have been in an advanced sailing program at Balboa YC this spring and summer where they received some intense training in Lasers, CFJs and 420s. They have participated in numerous regattas as part of the BYC program to gain more experience and further sharpen their sailing skills. Recently, Nicole scored a 3<sup>rd</sup> place finish and received a \$250 award in ILCA 6 class (formerly Laser Radial) at the US Open Sailing Series, girls division sailed in Long Beach, July 16,17.

The following week Nicole and Kate competed in the US Junior Women's Championships at California YC. Kate sailed in the 420 class, (it's a higher performance boat than the CFJ), and Nicole sailed her Laser in the ILCA 6 class. They had two days of racing in the ocean off Marina Del Rey against competition that included teams from San Francisco, Seattle, Annapolis, Norfolk, North Carolina and Key Biscayne. Both finished in the top 10 of their class with 8<sup>th</sup> place finishes. Congratulations Nicole and Kate.

July 28-31, Kate competed with 43 other boats in the CFJ Nationals at Mission Bay YC. She and her crew had a respectable 16<sup>th</sup> place in one race and a fantastic 3<sup>rd</sup> place in their best finish of the regatta. But in some of the other races, they ran into trouble on the starting line due to the large fleet. Kate was recorded over early twice and that resulted in "on course side" penalties that added significantly to her total score.

Still, it was a great effort and a valuable learning experience.

Now she is ready to move on... Really! Kate's family has moved to Florida so now she will be doing most of her sailing on the East Coast. We're sorry to see her leave but proud of her many sailing achievements as a member of LMVYC's junior sailing team and wish her all the best in her future competitive sailing efforts.

## 49<sup>th</sup> Dutch Shoe Marathon Adventure, July 22

Rod Simenz

This was a much anticipated event for Sabot sailors that lived up to its reputation as an endurance test, a sightseeing cruise, a bucket list adventure, and a sailing challenge. San Diego YC is the host and they typically have 150 to 200 entries in A, B, C, and Senior classes. The skippers range in age from 8 to 80+. The race can take as long as three hours in the 8

foot boats as they sail from a starting line right off the docks at SDYC, then toward Point Loma, then across the channel to Coronado Island, along the Island past submarines, aircraft carriers and downtown San Diego. The final leg takes them under the Coronado Bridge, into Glorieta Bay where they are greeted with horns and cheers from friends, family and spectators and on to the finish line near Coronado YC. They take their boats out at Coronado YC and the festivities begin with awards, a BBQ and a live teenage band. What's not to like?

A number of our juniors have have competed in the race in prior years, this year junior sailor Tyler Hallstrom and adult sailor Ted Ishikawa decided to do it. So two Sabots were loaded on a trailer on Thursday afternoon. On Friday Ted, Aki Hiroto, and I met at 7:30 am and towed the boats to SDYC. Tyler, his Mom Ali, brother Spencer and sister Haley met us in the boat yard at SDYC



Fleet sailing past downtown San Diego

where we all helped rig and launch the boats. Ted and Tyler registered and then sailed their boats about a quarter mile to the staging area near the start line. Tyler's dad Jeff joined us at the staging area dock to watch the noon starts that were easily heard as a shotgun blast was used as starting signal for each class.

Tyler and Ted each got a reasonable start in their class that had 49 boats in Tyler's combined C1,

C2 and C3 fleet and 52 boats in Ted's Senior fleet. They had good wind's averaging 8.5 knots for their odyssey. It was a fast race with no encounters with war ships that would have required the Sabots to stop and hold their position until given an all clear (yes that actually happens). Ted's class started last and he finished ahead of 31 boats overall. Tyler's class



Tyler #9267 approaches Coronado Bridge

## Dutch Shoe, continued

started first and he finished in the top 5 of his class and ahead of 49 boats overall. Quite an effort, considering this 11 year old's only previous ventures off the lake were two regattas at Lido Isle YC. Well done Tyler and Ted.



Tyler # 9267 in Glorieta Bay near the finish line

Ali stayed for the start of all the classes and then had to get back to Mission Viejo. Aki, Jeff, and I took the short drive over to Shelter Island where we had a picnic lunch overlooking the bay and watched the parade of Sabots pass by. Next, we drove to Coronado YC to catch the finish and enjoy the festivities. Jeff decided to brave the Friday afternoon traffic and headed back to MV. Ted, Aki, and I decided to take it more leisurely. So we towed the trailer over to Silver Gate YC on Shelter Island and enjoyed dinner on their second floor deck with a great view of the harbor and downtown San Diego while traffic cleared. It was a quick and easy drive back home after a very satisfying day at the regatta. Tyler and Ted both are ready to do it again next year at the 50<sup>th</sup> Dutch Shoe Marathon.



Aki, Tyler, Spencer, Ali and Haley relax at SDYC waiting for skippers meeting to begin



Ted and Rod at SDYC dock

## Summer Regatta Fun

Adam Vart

After some relatively cool conditions through much of the Spring, summer hit with a bang for the Summer Regatta on June 26<sup>th</sup>. With temperatures forecast in the mid 90s and not a great deal of wind, it promised to be an absolute scorcher out on the water and racers were advised to bring along plenty of fluids.



A Fleet start

Possibly at least partly due to the weather, fleet numbers were on the low side for this regatta but that didn't prevent some very close and competitive racing. The Race Committee once again did a fantastic job, including making the very sensible decision to set short courses to get everyone out of the hot sun and back for juicy burgers and cold drinks!

In typical Lake Mission Viejo fashion, once sailors were briefed and headed up towards the start line, conditions actually improved and we had a nice 4-5 knots of breeze for much of the day. It was one of those days when the wind hole West of the start line played a big role,



B Fleet start

with many skippers seeing their dreams of glory disappear into a windless nothing trying to cut that corner too close to the restaurant.

In A Fleet, conditions were perfect for the Club's Balboas, which Guy Heaton and yours truly took full advantage of, capturing the top 2 spots in Race 1. Race 2 was shaping up in a similar way until Ross Nemeroff

rode an epic wind line down the final downwind leg to claim equal first place with myself. Your Race Chair again snuck away from the fleet in Race 3 to claim the win, and with it my first regatta win in A Fleet after more than a year of trying!

Consistency was the key in B Fleet with Emmet & Vicki Rixford's two 2<sup>nd</sup> places and a 1<sup>st</sup> just edging out Frank Roberts with two 1<sup>sts</sup> and a 4<sup>th</sup> place in race 2. A bit disappointing to have only 4 boats in B Fleet for this regatta, and we're looking forward to several of the B Fleet regulars, including many LMVYC Juniors, returning from summer vacation and getting back out there.



C Fleet start

## Summer Regatta, continued



A Fleet in line

In C Fleet, it was a very close battle between Vivian Ikeda, Rod Simenz and Maverick Trudell. Maverick just did enough in Race 1 to earn victory by a slim margin over Vivian, with Rod some way behind. Vivian turned the tables in Race 2 and sailed away from everyone, with Rod just pipping Maverick on corrected time for second place. In the final race of the day, Rod led the way, overcoming both Vivian and Maverick, but it wasn't enough for the regatta win: final result was Vivian 1<sup>st</sup>, Rod 2<sup>nd</sup>, Maverick 3<sup>rd</sup>.



S/C & R/C Rixfords

Meanwhile it was also great to see regatta regular Nicolae battling it out with returning member Dmitri in the Lake Boats. Dmitri prevailed this time but I'm sure Nick will be looking for revenge in the upcoming Annual Regatta on August 28<sup>th</sup>.

More fun was of course had back at the dock as all the tales of woe were shared and victories celebrated over burgers, beverages and hot dogs. Thanks again to the hospitality crew for a great event.

With summer behind us and everybody getting back to their regular work and school schedules, here's hoping for more sailors on the water for the rest of the Summer/Fall series. Remember, even if you missed the first regatta you still have a chance at some of the end of season prizes!

See you all out on the water and... starboard!!



Spirit of the day

# Summer Regatta, continued



B fleet downwind

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Expos matched

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S/C Glackin & crew

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S/C Fournier driving the mark set boat

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Rod showing his stern

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Cooks at work

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Ross, Graham, & Arnold

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## 2022 Team Challenge

### Graham Newman

After a hearty breakfast of pancakes and sausages, nicely catered by Frank and Ann with helping hands of Mia, Aki and Ross, the sailors assembled for the skipper's meeting. We listened to Race Chair Adam set up the scenario. The teams had previously been decided, new Captains elected and with no rental boats in the equation.

A last minute substitution was made as Emmet was out with Covid, Deagan was pressured into filling the hole (thankfully) for the Gray Team.

Then it was off to the course! The wind was light, some senior sailors were using boats they had never even sailed before - mostly laughing as they squeezed aboard!

Race 1: Ted in a Sabot led 1st leg, Frank in a Laser led 2nd leg, Scott/Bill in a 14.2 led 3rd leg with Guy in a Balboa winning the race.



Fleet almost underway

Race 2: (Still light wind) Griffyn in a Laser led 1st leg, Ross/Allyn in a 14.2 led 2nd leg, Guy in a Balboa led 3rd leg with Deagan in a Sabot winning the race.

During our break, the wind came on strong definitely helping the C 14.2s who had crew! It also made for the only disaster of the day with Bill Yount (Grey team) going overboard when the outhaul broke and the boom fell.



Sabots chasing their teammates at the line

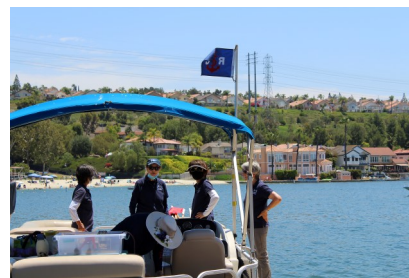
Race 3: Grey Team going 4 + 1. Last place.

Race 4: The Decider!! Guy in the Balboa led the 1st leg, Deagan in the Sabot led the 2nd leg, and Bill in the Laser led the 3rd leg, and Graham/Scott in the 14.2 winning the race.

Final Result: Grey Team the overall winner for 2022!!

Thank you to all the competitors, race officials, etc.....

Hope we all had fun!!!



RC about to get underway

### Team Challenge, continued



Balboas at the start

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On their way

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Balboas beating

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Griffyn hiking at the pin

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Griffyn downwind

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Allyn and Ross

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Sabot chase

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Team Challenge, continued



Blue Team huddle



Grey Team strategizes



Deagan heeling



Red Team



White Team

<b>Red Team:</b>	Ross	Adam	Allyn	Madoc	Maycie
<b>White Team:</b>	Arnold	Ted	Julius	Rod	Griffyn
<b>Blue Team:</b>	Scott P	Frank	Randy	Bill T	McKenna
<b>Grey Team:</b>	Guy	Scott D	Graham	Bill Y	Deagan



Your intrepid author and Scott Davis

Taking One For The Team :



Bill Yount racing a laser



Frank watching his fleet

## “Hey Guy, Hold My Sandwich”

Bill Yount

On Friday the 5<sup>th</sup> of August we raced the ORS 3 Oceanside Sprint race on Firewater a J 92 owned by LMVYC member Rich Bennett. I am a crew member for Rich out of Dana Point. The race starts at Dana Point and 22 NM later across the finish line in Oceanside harbor. The wind was strong at about 10 knots with gusts to 14 knots. Our fleet was Blitz a 24' Capri (like a Melges 24') and Road Rage a 37.5 Beneteau.

We all had a good start, Rich was able to get clear air right away. However after about a few minutes we launched our spinnaker as our competitors' did as well. We were glad that Blitz went way off the rhumb line to the outside, leaving Road Rage and us to sail a closer course just outside of the line.

We stayed with Road Rage which we thought was our closest competitor in these windy conditions, also large surf from Frank the hurricane, (not a LMVYC member). Our crew of five were season veterans and Road Rage only had a crew of 2. They had their hands full in those conditions. Jibing the spinnaker for us was a hair raising experience because during it we rounded up. The main sheet blocks on the boom were twisted by the spinnaker sheets, stopping the main sheet from being released. We were on our ear until we released the traveler giving us enough to bring the boat back under control. Road Rage continued awhile until they jibed. Note: after the race was done while relaxing at the dock we found out the crew member besides the owner of Road Rage was our Patrick Stege from LMVYC. He can tell you all about their



Your author on Sunday race morning

jibes. Once we jibed we saw Blitz sailing faster than every other boat. Later we talked with them and they said they were hitting 12 knots! Our best was 10.4 knots in a thirty footer.

The sprint standings were Blitz 1<sup>st</sup>, Firewater 2<sup>nd</sup>, and Road Rage 3<sup>rd</sup>. This put us in fourth place overall in the ORS, tied with Starkweather.

On Saturday and Sunday Firewater raced in the OYC (Oceanside Yacht Club) – Elizabeth Hospice Regatta.

On Saturday Kevin Weir joined us for 2 windward/leeward races. Each race was two laps around. The winds were again strong running about 9 to 11 at the start and increasing to 13 to 16 knots later in the afternoon. Seas were choppy. On these races our fleet was a 36' Islander and a 30' Catalina Capri, local to Oceanside.



The calm before the storm on Saturday morning

## Hold My Sandwich, continued



A portion of the fleet lined up

The start was great, we got clear air right away, and led the fleet to the windward mark, after about two tacks. At the mark I hoisted the chute and trimmed it to the next mark - we hit 10.4 knots! The 2nd race the Islander had a problem and dropped out, we were able to repeat the same on race 2. Which put us in 1<sup>st</sup> place.

So you must be wondering why this article is titled "hold my sandwich". Well sitting at the docks talking sailing with everyone, I leaned back and my sunglasses fell off my head falling into the water. I attempted to reach them as they were sinking, went a little too far, and fell into the water (not a wise move, since the boats were all tied together on the dock). As I surfaced with my sunglasses in my mouth and my sandwich in my left hand, and of course the dipping sauce in my right, I yelled out "hold my sandwich". I was ok but just wet and everyone had a good laugh about it. However, the story continues - as we were going to the yacht club for drinks and dinner, I slipped on the wet deck and hurt my leg badly, which stopped me

from racing on Sunday. However, Kevin had already arranged Jeff Buchman (LMVYC) to join us on Sunday.

On Sunday Kevin and Jeff had very light winds at the start, so much so that they went backwards after the start. A boat which started behind them by five minutes called for starboard while both boats had marginal steerage at best. The race committee abandoned the race.

Later, however, the wind gods came through and a race was begun. Firewater was able to get up to six knots in light winds. The gods also provided a fantastic lift; after a great start, Firewater was able to lay the windward mark on a single tack. They caught a competitive fleet that began ten minutes and two classes ahead of them. Jeff was on foredeck and launched the spinnaker as Kevin hoisted it. Great crew work.

Thanks to all. Sea U on the water!



First place trophy and prizes

## Welcome New Members

**Robert & Jeanne Porter**

**Betty Johnson**

**Alberto Olivares**

**Claire Massie**

**Stacia Pollock**

**James Scott**

**Tam La**

**Shawnn Gallagher**

**Buckner Neishem**



Sincere thanks are extended to: Commodore Pursell, Rod Simenz, Adam Vart, Graham Newman, and Bill Yount for their contributions to this issue.

Thanks are also due to Emanuela Teodorescu for her excellent regatta images.

S/C Kevin Weir, 2022 Newsletter Chair

